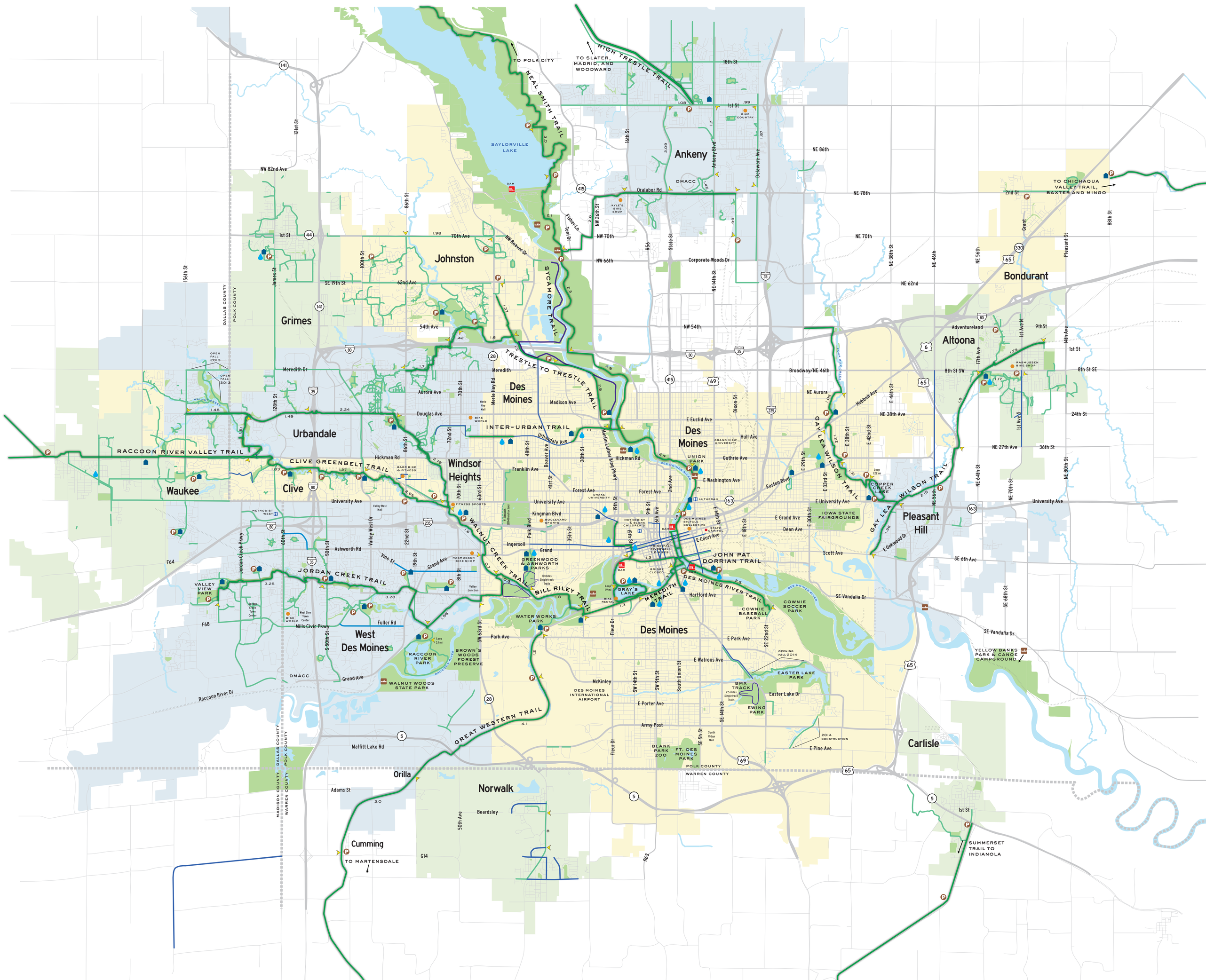
TO POLK CITY
TO SLATER, MADRID, AND WOODWARD
HIGH TRESTLE TRAIL
NEAL SMITH TRAIL
SAYLORVILLE LAKE
Ankeny
DMACC
Johnston
Grimes
SYCAMORE TRAIL
TRESTLE TO TRESTLE TRAIL
Des Moines
INTER-URBAN TRAIL
Urbandale
RACCOON RIVER VALLEY TRAIL
CLIVE GREENBELT TRAIL
Waukee
Clive
Windsor Heights
WALNUT CREEK TRAIL
JORDAN CREEK TRAIL
BILL RILEY TRAIL
West Des Moines
GREENWOOD & ASHWORTH PARKS
GRAY'S LAKE
MEREDITH TRAIL
JOHN PAT DORRIAN TRAIL
DES MOINES RIVER TRAIL
GAY LEA WILSON TRAIL
Pleasant Hill
Altoona
Bondurant
TO CHICHAQUA VALLEY TRAIL, BAXTER AND MINGO
GREAT WESTERN TRAIL
Orilla
Norwalk
Cumming
TO MARTENSDALE
Carlisle
SUMMERSET TRAIL TO INDIANOLA
YELLOW BANKS PARK & CANOE CAMPGROUND
DES MOINES INTERNATIONAL AIRPORT
BLANK PARK ZOO
FT. DES MOINES PARK
EASTER LAKE PARK
EWING PARK
BMX TRACK
COWNIE SOCCER PARK
COWNIE BASEBALL PARK
IOWA STATE FAIRGROUNDS
COPPER CREEK LAKE
WATER WORKS PARK
RACCOON RIVER PARK
BROWN'S WOODS FOREST PRESERVE
WALNUT WOODS STATE PARK
VALLEY VIEW PARK
DALLAS COUNTY
POLK COUNTY
MADISON COUNTY
WARREN COUNTY