

February Activity Calendar









MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	<p>1</p> <p>10:00 Silver Sneakers</p> <p>"Sew-cial" 10-3</p> <p>12:30 Bridge</p> <p>1:00 Games</p>	<p>2</p> <p>9:00 ZUMBA Gold</p> <p>Guest Speaker 11:30</p> <p>Assisted verses Skilled</p> <p>1:00 Games</p>	<p>3</p> <p>Health Main Clinic 9:00 to 1:00</p>  <p>11:45 Lunch</p> <p>12:30 Bingo</p>	
<p>6</p> <p>10:00 to 3:00 Caring Hands of Johnston</p> <p>MOVIE On Golden Pond (Following lunch)</p> 	<p>7</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p>	<p>8</p> <p>10:00 Silver Sneakers</p> <p>"Sew-cial" 10-3</p> <p>12:30 Bridge</p> <p>1:00 Games</p>	<p>9</p> <p>9:00 ZUMBA Gold</p>  <p>1:00 Game</p>	<p>10</p> <p>11:45 Lunch</p> <p>Guest Speaker Eyerly-Ball (Following Lunch)</p> <p>12:30 Bingo</p>
<p>13</p> <p>Johnston Senior Adv. Board 1:00 10:00 to 3:00</p> <p>Caring Hands of Johnston (knit-crochet)</p>	<p>14</p> <p>CELEBRATE VALENTINE'S With RBJ</p>  <p>(Following Lunch)</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p>	<p>15</p> <p>10:00 Silver Sneakers</p> <p>"Sew-cial" 10-3</p> <p>12:30 Bridge</p> <p>1:00 Games</p>	<p>16</p> <p>9:00 ZUMBA Gold</p> <p>1:00 Games</p>	<p>17</p> <p>11:45 Lunch</p> <p>12:30 Bingo</p> 
<p>20</p> <p>CLOSED PRESIDENT'S DAY.</p> 	<p>21</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p> <p>MOVIE Pretty Woman (Following lunch)</p>	<p>22</p> <p>10:00 Silver Sneakers</p> <p>"Sew-cial" 10-3</p> <p>12:30 Bridge</p> <p>1:00 Games</p>	<p>23</p> <p>9:00 ZUMBA Gold</p>  <p>1:00 Games</p>	<p>24</p> <p>11:45 Lunch</p> <p>12:30 Bingo</p>
<p>27</p> <p>10:00 to 3:00 Caring Hands of Johnston (knit-crochet)</p>	<p>28</p> <p>9:30 Mah Jongg</p> <p>YOGA 9:30 & 10:45</p> <p>VNS-10:30-12:00</p>	<p>FEBRUARY ACTIVITY CALENDAR</p> <p>Johnston/Polk County Senior Center 6300 PIONEER PARKWAY JOHNSTON, IA 50131 CALL 515-251-3707</p> <p>(Lunch served daily at 12:00 noon.)</p> 